

Radical Manifestation Worksheet

1. The 'lack' I have become aware of and now have a need to satisfy is ...

2. The genuine feelings that drive this need are: *(Be honest, authentic and non-judgmental)*

longing outrage grief anger love deprivation expectation entitlement hope pride need
 empathy righteousness fear sadness shame guilt compassion Other _____

3. I love myself for feeling this lack and acknowledge that as a human being I am entitled to my feelings, no matter what they are.

4. I now realize that I can transform the situation of lack by stating what I want and why I want it and then trust my spiritual intelligence to bring it into my experience.

5. The reasons I want what I now have intention to manifest are

6. I now clarify and declare to the Universe that my intention is now flowing energy specifically toward the manifestation of *(Be as specific as necessary to convey total clarity)*

7. I see that my intention is manifesting by *(Give a time frame)* _____

8. On its own, this is a Baseline Intention Transformational Intention Inspirational Intention ... but it references a Transformational Intention Inspirational Intention in the following way ...*(show what additional meaning this has at the higher level)*

9. I realize that I am likely to have beliefs, assumptions, out-of-date values and other ideas buried in my subconscious and unconscious minds that would have, before now, censured, rejected or modified my intention.

Agree:	Open:	Skeptical:	Disagree

10. Judging by my performance in the past, some of the negative beliefs residing in my subconscious mind might have been I'm not worthy I don't deserve I'm not good enough I'll never make it. Who am I to ask for such things? I'm unlucky I'm not spiritual enough There's not enough to go around.
 Other _____ ***I now reject them all — totally***

I am now making an unequivocal decision NOT to allow any such idea to pollute my intention and am anyway bypassing that part of my mind completely and ***giving my intention over to my spiritual intelligence.***

Agree:	Open:	Skeptical:	Disagree

11. I now see an image in my mind of what I now know is flowing easily and freely from the field of infinite possibility and manifesting into my reality now. As I enlarge that image in my mind I am able to describe how it looks and sounds to me and how I feel about it being already done.

12. I now realize and acknowledge that my limited imagination may not be seeing the real meaning of my intention and that the outcome I am seeing may not be what my spiritual intelligence and the Universe has in mind for me.

Agree:	Open:	Skeptical:	Disagree

13. I now therefore declare my total trust of the Universe to give me what is for the highest good for all concerned and I redirect the energy of certainty that I have generated so far towards feeling love and gratitude for the Spirit that is within me and within all things.

Willing:	Open:	Skeptical:	Unwilling

14. I completely surrender to Spirit now and drop all attachment to having what I asked for show up in any particular way, knowing that it is done and I shall recognize the perfection of it when I see it. I realize that my transformational and inspirational goals are met.

Willing:	Open:	Skeptical:	Unwilling

15. I feel myself totally reconnected with my Source and know that I am in the midst of pure abundance. I am open to receive that abundance continually.

Agree:	Open:	Skeptical:	Disagree

Signed: _____ Date: _____

It is Done!